



THE BRITISH WHEEL OF
YOGA™

BWY CHILD PROTECTION POLICY GENERAL GUIDANCE FOR TEACHING YOUNG STUDENTS IN SCHOOLS

Please note that this document is an overview and should be read in conjunction with the BWY Child Protection Policy and Fact Sheets available on the website http://www.bwy.org.uk/information/19/Child_Protection.htm

Please also refer to the Fact Sheet: Checklist of Requirements, and Fact Sheet: Offering a Taster Yoga Class

BEING ASKED TO OFFER A TASTER LESSON IN A SCHOOL

Please refer to the Fact Sheet on the BWY website: 'Offering a Taster Yoga Class'.

TEACHING A REGULAR CLASS IN SCHOOLS

If you are considering teaching yoga in a school, the following BWY guidelines will help ensure that you are working safely with the young students, and within safety guidelines for yourself as the teacher. **BWY strongly recommends that teachers are appropriately trained to teach yoga to children.**

1. Arrange a meeting with the school to discuss:

- The school's Child Protection (CP) Policy – you need to follow this so ask for a copy.
- Find out the name and contact details of the school's CP Referral Person, in case you need to speak to someone confidentially about a child or another adult.
- Being a visiting teacher for maybe only 1 or 2 hours per week, your role in the school is very different from that of a full-time teacher. Refer to the NSPCC recommended teacher/student ratio – 1:8 for under 8 year olds; 1: 10 for over 8 year olds with at least one other adult present in an official capacity (see BWY Fact Sheet on Ratios on the Child Protection page of the BWY website: www.bwy.org.uk).
- Find out what the school's Behavioural and Disciplinary Procedures are, and what Sanctions can be used.
- If you use Hands-On Adjustment in your teaching, find out the school's policy on this.

..... / please turn over



THE BRITISH WHEEL OF
YOGA

BWY CHILD PROTECTION POLICY GENERAL GUIDANCE FOR TEACHING YOUNG STUDENTS IN SCHOOLS

- Ask how you should deal with physical contact initiated by a young child (eg hugging your legs).
 - Ask about their requirement re you holding a current Enhanced Disclosure; good practice is that the school will ask you to obtain one through them.
3. Confirm the answers to your questions in writing, requesting that the school inform you if they disagree with your understanding of their answers. Keep a copy on your teaching file.
 4. Familiarise yourself with BWY's Child Protection Policy and Procedures, particularly Section 3 "Promoting Good Practice with Young People".

BWY WEBSITE – CHILD PROTECTION PAGE

- Take a look at other CP-related information on our website:
http://www.bwy.org.uk/information/19/Child_Protection.htm.
- If you don't use the internet and would like printed copies of the Fact Sheets, please contact the Lead Child Protection Officer.

Angie Punaks - BWY Lead CP Officer
01394 446054 cpandequity@bwy.org.uk

February 2010