



THE BRITISH WHEEL OF
YOGA

FORM J

BABY and PARENT/CARER CONSENT FORM

I, _____ (name of teacher), as a BWY teacher, will, where necessary and appropriate, use hands-on adjustment to:

- demonstrate to the parent/carer how to hold and move the baby correctly if the instruction cannot be communicated in any other way, ie either verbally or through demonstration.
- and if the parent/caregiver is applying the yoga to their baby in an unsafe way

I will first ask permission from the parent/carer and subsequently touch the child on the appropriate part of the body to make the appropriate demonstration/adjustment.

Signed: _____ Date: _____

Consent of Parent/Carer

I, _____ (name of parent/carer) consent to

_____ (name of teacher) using hands on

demonstration and adjustment with

_____ (name of baby)

under the above-stated conditions, and I confirm that I am legally entitled to give consent.

Signed: _____ Date: _____
(signature of parent/carer)

One signed copy of the form to be kept by the parent/carer
One signed copy of the form to be kept by the BWY yoga teacher

**This document can be made available in other languages and formats
on request**

CHILD PROTECTION POLICY –

3.2.1 Good Practice and Hands-On Adjustment

The NSPCC recommend that good practice includes:

- Stating positive reasons for using manual handling
- Providing information to parents about the “touching process”
- Obtaining written consent from parents and young people (where appropriate)

Information and Consent Form to be made available to Post Natal and Baby module tutors, and teachers teaching babies and very young children, to use with the parents/carers of the young people they teach.

Consent Form see FORM J

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