

# **IMPORTANT CHILD WELFARE CONTACTS**

*for Young People and Parents*



THE BRITISH WHEEL OF  
YOGA

If you have any concerns

- about a young person, or
- about how someone is behaving towards a young person, or
- if you are a young person and are concerned about how someone is behaving towards you

it is important to talk to someone straight away. You can use any of the numbers below:

## BRITISH WHEEL OF YOGA Contacts:

<i>(Insert name of yoga teacher)</i>	<i>(Insert contact details)</i>
British Wheel of Yoga Lead Child Protection Officer	Helen Smith 01268 775750

## NATIONAL Contacts: (Freephone Numbers)

The NSPCC	0808 800 5000
Childline UK	0800 1111
NSPCC Cymru/Wales	0808 100 2524

## WEB LINKS

<a href="http://www.there4me.com">www.there4me.com</a>	<a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>
<a href="http://www.chatdanger.com">www.chatdanger.com</a>	<a href="http://www.bullying.co.uk">www.bullying.co.uk</a>

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