



THE BRITISH WHEEL OF
YOGA

BWY CHILD PROTECTION POLICY GENERAL GUIDANCE FOR TEACHING PRIVATE DEDICATED CLASSES TO UNDER 18S

Please note that this document is an overview and should be read in conjunction with the BWY Child Protection Policy and Fact Sheets available on the website http://www.bwy.org.uk/information/19/Child_Protection.htm
Please also refer to the Fact Sheet: Checklist of Requirements

The Children Acts 1989 and 2004 define a ‘**child**’ as a person who has not yet reached their 18th birthday. The fact that a child has reached 16 years of age, is living independently or is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders’ Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989.

BWY Child Protection Policy and Equity Policy

You should be familiar with, and follow, the above policies. They can be accessed from the CP page of the BWY website.

Appropriate training for teaching Yoga to Children/Young Persons

BWY strongly recommends that teachers are appropriately qualified to teach specialist yoga; teaching yoga to children comes under such specialism. BWY offers the Yoga for Children Module and similar training by other organisations is advertised in Yoga The World Over (part of BWY Spectrum).

Child Protection Training

BWY strongly recommends that teachers are appropriately trained in basic CP awareness, renewable every 3 years.

- ***Fact Sheet ‘What CP Training is Appropriate for Me’***

BWY CRB Enhanced Disclosure

You should hold a current Enhanced Disclosure obtained through BWY, renewable every 3 years from the date of issue.

- ***Fact Sheet ‘Enhanced Disclosure Application Information’***

BWY Additional CP-Related Paperwork

In accordance with BWY CP policy, you are required to complete additional paperwork. You should contact the BWY Lead CP Officer – see below.



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Hands-On Adjustment and Photograph Consent Forms

You should follow BWY policy and obtain consent from the parent, and the young student depending on his/her age and understanding, if you use hands-on adjustment in your teaching, or wish to take photographs.

- ***Fact Sheet 'Consent Form – Hands-On Adjustment of Children/Babies'***
- ***Fact Sheet 'Consent Form – Photos of Children/Babies'***

Teacher:Student and Supervision Ratio

It is appropriate that you teach a suitable sized group and that you are not on your own with young students. The recommended ratio for teaching young students is:

- under-8 year olds: 1:8 children with at least one other adult present in an official capacity
- over-8 year olds: 1:10 children with at least one other adult present in an official capacity
- ***Fact Sheet 'Ratios: Recommended Supervision Ratios'***

Dealing with Concerns about a Young Person or the Behaviour of an Adult

You should be familiar with BWY procedures as detailed in Section 5 of the BWY CP Policy and Procedures. You should have contact details available to hand.

- ***Fact Sheet 'Child Protection – Important Telephone Numbers for Tutors'***

Raising Awareness for Parents and Students

Parents and carers play an important role in protecting their children and helping them get the best from the activities they enter into. Parents should be assured that you are working within the guidelines of a Child Protection Policy, that you hold a current Enhanced Disclosure and that you are appropriately qualified and trained.

Children and young people have a right to be safe from abuse. They and their parents need to be aware of where to go for help in relation to child abuse, should they need to. It is suggested that you display in your teaching area the support sheets: **Statement of Care** and **Important Child Welfare Contacts**. You may also wish to give the parents a copy of the **BWY CP Policy Statement** and **Code of Ethical Practice**.

Distributing and displaying the forms in this way will show that as a BWY teacher you are acting in a professional manner being aware of child protection issues, it indicates that the BWY has an active policy in place, and it helps raise awareness for parents, giving information on the availability of both CP and Equity Policies.



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Raising Awareness for Parents and Students (continued)

- *Fact Sheet 'Statement of Care'*
- *Fact Sheet 'Child Protection – Important Numbers for Parents and Children'*
- *Fact Sheet 'Child Protection – Policy Statement'*
- *Fact Sheet 'Code of Ethical Practice'*

CHECKLIST for Teaching Private Dedicated Under 18 Classes

You may find the checklist on the following page helpful.

BWY WEBSITE – CHILD PROTECTION PAGE

- Fact Sheets can be downloaded from the CP page of the BWY website http://www.bwy.org.uk/information/19/Child_Protection.htm, where other CP-related information can also be accessed
- If you don't use the internet and would like printed copies of the Fact Sheets, please contact the Lead Child Protection Officer.

see following page for CHECKLIST

Helen Smith – Lead Child Protection Officer
01268 775750

cpandequity@bwy.org.uk

www.bwy.org.uk

June 2010



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CHECKLIST

for teaching private dedicated classes to under 18s

Glossary: CP = Child Protection; E = Equity; CRB = Criminal Records Bureau
LCPO = Lead CP Officer

What should I use/have in place for teaching private dedicated classes to under-18-year-olds?	Yes or No (all answers should be Yes)
Be familiar with and follow BWY CP and Equity Policies *	
BWY strongly recommends that teachers are appropriately qualified to teach yoga to under-18s: the BWY Diploma is specifically for teaching yoga to adults	
Current Child Protection training certificate through Sportscoach UK – to be updated every 3 years *	
Hold a current CRB Enhanced Disclosure obtained through BWY (renewal required 3 years from date of issue)	
Complete additional BWY paperwork in accordance with CP Policy: contact the LCPO (see page 3)	
Be aware of and, if appropriate, use Hands On Adjustment Consent Form *	
Be aware of and, if appropriate, use Photograph Consent Form *	
Be aware of recommended teacher/young person and supervision ratios *	
Have BWY Essential Contact Details for Teachers completed and available to hand *	
Provide Statement of Care for young people and parents *	
Provide Child Welfare Contact details for young people and parents *	
Give parents copy of BWY CP Policy Statement	
Give parents copy of BWY Code of Ethical Practice	

* Fact Sheets can be downloaded from the CP page of the BWY website:
http://www.bwy.org.uk/about/child_protect.php

If you don't use the internet and would like printed copies of the above, please contact the Lead CP Officer.

February 2010