

OFFERING A TASTER YOGA CLASS

for under-18 year olds

Important Safeguarding Procedures

1. You do NOT need to hold a current Enhanced Disclosure for such a 'one-off' BUT the teacher/leader/helper **must remain with the group at all times**. (It is best to think of them as being in charge and yourself as primarily a demonstrator, particularly if any issues of discipline arise.)
2. Ensure you will not be left on your own with a child or children whilst making your visit.
3. Check what the CP procedures are for the organisation should you use hands-on adjustment in your teaching. (You may want to reflect on whether adjustment is actually necessary for a "taster" session.)
4. Check what size group you will be teaching, bearing in mind that the size of the group affects the quality of a child's experience of what may be for them a totally new subject, plus the implications of space and safety.

A couple of other points worth bearing in mind (with apologies to those of you who have worked in schools or had to deal with groups of errant teenagers!):

1. Teachers, in primary schools particularly, often have very little 'non-contact' time so a few moments' opportunity to catch up on admin can be a godsend – don't let that be at your expense. A diplomatic way to ensure their presence might be to mention potential difficulties with insurance (which also happens to be true).
2. Bear in mind that some schools and other children's organisations may appear easy-going and relaxed because the youngsters know exactly who is in charge. If the main source of authority or discipline leaves the room the children may well test you out however lovely they initially appear. There are more than just legal reasons for sticking with the status quo!

Angie Punaks – BWY Lead CP Officer
01394 446054 cpandequity@bwy.org.uk

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