



THE BRITISH WHEEL OF
YOGA™

BWY CHILD PROTECTION POLICY ADULT CLASSES and UNDER-18s

Working as an Employee or Contractor
for an Organisation

eg Health Centre, Gym, FE College

GENERAL GUIDANCE

Please note that this document is an overview and should be read in conjunction with the BWY Child Protection Policy and Fact Sheets available on the website

http://www.bwy.org.uk/information/19/Child_Protection.htm

Please also refer to the Fact Sheet: Checklist of Requirements

The Children Acts 1989 and 2004 define a ‘**child**’ as a person who has not yet reached their 18th birthday. The fact that a child has reached 16 years of age, is living independently or is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders’ Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989.

Appropriate training

BWY strongly recommends that teachers are appropriately qualified to teach specialist yoga; teaching yoga to under-18s comes under such specialism. At the time of writing, the BWY Diploma Course qualifies you to teach adults and to incorporate some under-18s into an adult class but not to teach dedicated classes to children. There are IST days available on incorporating under 18s into adult classes.

Does your contract include teaching under-18s?

If you are teaching as an employee or contractor for another organisation, eg an LEA Adult Education Centre, FE college, gym, health/sport centre, etc it is important that you ask if an under-18 year old would be accepted by them into your class. The organisation should be able to identify the age of any student under 18 and, if as part of your contract you are expected to teach an under-18 year old, the organisation should have its own CP Policy, which you would follow.

You need to:

- **ensure that you are informed of any under-18 year old that the organisation accepts into your yoga class.**
- **ask for a copy of the organisation’s CP Policy.**



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- **establish who the named referral person within the organisation is, plus their contact details, should you need to speak to him/her confidentially about a young person,**
- **ask about holding a current Enhanced Disclosure; good practice is that the organisation asks that you obtain one through them.**
- **know and follow the organisation's guidelines for Hands-On Adjustment**
- **follow BWY guidelines on being appropriately trained to teach under-18s – see above**

Partner Work

The young person should not partner another adult in the class, unless it is his/her parent.

Mobile Phones

Consider the photographing and videoing facilities of mobile phones. Ensure that your students know to have their phones switched off whilst in the teaching room.

BWY WEBSITE – CHILD PROTECTION PAGE

Take a look at the Fact Sheets and other CP-related information on our website:
http://www.bwy.org.uk/information/19/Child_Protection.htm. If you don't use the internet, printed copies can be obtained by contacting the BWY Lead CP Officer – see below.

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