

Recommended Minimum Supervision Ratios

For teaching dedicated classes to under-18s

CHILDREN UNDER 8 YEARS OLD:

Teacher plus one adult assistant per 12 children

CHILDREN OVER 8 YEARS OLD:

Teacher plus one adult assistant per 14 children

PARENTS AND CARERS

Parents /carers accompanying their children to yoga classes is to be encouraged. However, we do NOT recommend those planning or providing activities include parents/carers in supervision calculations, unless the parents/carers are acting in a formal volunteering or other capacity. In these circumstances, this should mean that those parents/carers MEET ALL APPROPRIATE REQUIREMENTS in terms of:

1. appropriate checks;
2. clarity about their role;
3. who has overall responsibility for the group;
4. what is acceptable practice in the classroom.

Written agreements between the teacher and formal helpers with regard to such requirements are recommended

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