



THE BRITISH WHEEL OF
YOGA

FORM J

BABY and PARENT/CARER CONSENT FORM

I, _____ (name of teacher), as a BWY teacher,

will, where necessary and appropriate, use hands-on adjustment to demonstrate to the parent/carer how to hold and move the baby correctly if the instruction cannot be communicated in any other way, ie either verbally or through demonstration with a doll.

I will first ask permission from the parent/carer and subsequently touch the child on the appropriate part of the body to make the demonstration.

In addition, I will, if requested, hold a baby if the parent/carer is otherwise occupied for a short period of time during the class.

Signed: _____ Date: _____

Consent of Parent/Carer

I, _____ (name of parent/carer) consent to

_____ (name of teacher) using hands-on

adjustment or holding

_____ (name of baby)

under the above-stated conditions, and I confirm that I am legally entitled to give consent.

Signed: _____ Date: _____
(signature of parent/carer)

One signed copy of the form to be kept by the parent/carer
One signed copy of the form to be kept by the BWY yoga teacher

**This document can be made available in other languages and formats
on request**

CHILD PROTECTION POLICY –

3.2.1 Good Practice and Hands-On Adjustment

The NSPCC recommend that good practice includes:

- Stating positive reasons for using manual handling
- Providing information to parents about the “touching process”
- Obtaining written consent from parents and young people (where appropriate)

Information and Consent Form to be made available to Post Natal tutors, and teachers with babies in their classes.

Consent Form see FORM J

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