



THE BRITISH WHEEL OF  
YOGA

# BWY CHILD PROTECTION POLICY GENERAL GUIDANCE FOR TEACHING PRIVATE DEDICATED CLASSES TO UNDER 18S

**Please note that this document is an overview and should be read in conjunction with the BWY Child Protection Policy and Fact Sheets available on the website [www.bwy.org.uk](http://www.bwy.org.uk) – Child Protection page**

**Please also refer to the Fact Sheet: Checklist of Requirements**

The Children Acts 1989 and 2004 define a ‘child’ as a person who has not yet reached their 18th birthday. The fact that a child has reached 16 years of age, is living independently or is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders’ Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989.

## **BWY Child Protection Policy and Equity Policy**

You should be familiar with, and follow, the above policies. They can be accessed from the CP page of the BWY website.

## **Appropriate training for teaching Yoga to Children/Young Persons**

BWY teachers have a duty of care to be qualified to teach specialist yoga; teaching yoga to children comes under such specialism. BWY offers the Yoga for Children Module and similar training by other organisations is available.

## **Child Protection Training**

In addition to holding a specialist qualification, BWY strongly recommends that teachers are appropriately trained in basic CP awareness, renewable every 3 years.

- ***Fact Sheet ‘What CP Training is Appropriate for Me’***

## **BWY CRB Enhanced Disclosure**

You should hold a current Enhanced Disclosure obtained through BWY, renewable every 3 years from the date of issue.

- ***Fact Sheet ‘CRB Enhanced Disclosure Applications’***

## **BWY Additional CP-Related Paperwork**

In accordance with BWY CP policy, you are required to complete additional paperwork. You should contact the BWY Lead CP Officer – see below.

## **Hands-On Adjustment and Photograph Consent Forms**

You should follow BWY policy and obtain consent from the parent, and the young student depending on his/her age and understanding, if you use hands-on adjustment in your teaching, or wish to take photographs.

- ***Fact Sheet ‘Consent Form G – Hands-On Adjustment of Children’***
- ***Fact Sheet ‘Consent Form H – Photos of Children’***



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## **Teacher:Student and Supervision Ratio**

It is appropriate that you teach a suitable sized group and that you are not on your own with young students. The recommended ratio for teaching young students is:

- under-8 year olds: Teacher plus one adult assistant per 10 children
- over-8 year olds: Teacher plus one adult assistant per 14 children
- ***Fact Sheet 'Ratios: Recommended Supervision Ratios'***

## **Dealing with Concerns about a Young Person or the Behaviour of an Adult**

You should be familiar with BWY procedures as detailed in Section 5 of the BWY CP Policy and Procedures. You should have contact details available to hand.

- ***Fact Sheet 'Essential Contacts for Teachers'***

## **CHECKLIST for Teaching Private Dedicated Under 18 Classes**

You may find the checklist on the following page helpful.

## **BWY WEBSITE – CHILD PROTECTION PAGE**

- Fact Sheets can be downloaded from the CP page of the BWY website [http://www.bwy.org.uk/information/19/Child\\_Protection.htm](http://www.bwy.org.uk/information/19/Child_Protection.htm), where other CP-related information can also be accessed
- If you don't use the internet and would like printed copies of the Fact Sheets, please contact the Lead Child Protection Officer.

***see following page for CHECKLIST . . . . .***

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[www.bwy.org.uk](http://www.bwy.org.uk)

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## CHECKLIST

for teaching private dedicated classes to under 18s

**Glossary:** CP = Child Protection; E = Equity; CRB = Criminal Records Bureau  
LCPO = Lead CP Officer

What should I use/have in place for teaching private dedicated classes to under-18-year-olds?	Yes or No
Be familiar with and follow BWY CP and Equity Policies *	YES
Hold a specialist qualification in teaching yoga to children	YES
Hold current Child Protection training certificate through Sportscoach UK – to be updated every 3 years *	YES
Hold a current CRB Enhanced Disclosure obtained through BWY (renewal required 3 years from date of issue)	YES
Complete additional BWY paperwork in accordance with CP Policy: contact the LCPO	YES
Be aware of and, if appropriate, use Hands On Adjustment Consent Form G*	YES
Be aware of and, if appropriate, use Photograph Consent Form H*	YES
Be aware of recommended teacher/young person and supervision ratios *	YES
Have BWY Essential Contact Details for Teachers completed and available to hand *	YES
Be aware of the correct BWY procedures for reporting suspected abuse – see Section 5 of the BWY CP Policy	YES

\* Fact Sheets can be downloaded from the CP page of the BWY website:

[www.bwy.org.uk](http://www.bwy.org.uk) Child Protection page

*If you don't use the internet and would like printed copies of the above, please contact the Lead CP Officer.*

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