

SOAS
University of London

BWY

AT
THE
HEART
OF YOGA

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Yoga: Health, Harm and Healing

Rose Parkes is Associate Dean (Academic Programmes) at the Jersey Institute of Law. She is a registered social worker and former Probation Officer.

She has worked in a variety of voluntary and professional roles in the criminal justice system for over 23 years. She is a BWY Diploma holder and has facilitated yoga with people in the community and in prisons. She is currently completing a part-time doctorate exploring the motivations and objectives of prison yoga teachers. She is passionate about social justice, equality, anti-racism, and prison abolition.



Rose Parkes

Rose is a member of the Editorial Board and Joint Book Review Editor for the British Journal of Social Work. She also continues to contribute to social work education as a Practice Tutor for the Open University and as an independent Practice Educator.

Rose has published papers on artistic and spiritual activities in prisons, mindfulness, and ways to respond to conflict within social work education. Her book chapter exploring the extent to which prison yoga teachers' motivations and objectives align with social work values and religious/spiritual movements that call for prison abolition is due for publication in December 2025.