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AT
THE
HEART
OF YOGA

YOGA SUMMIT 2025

Yoga in the Age of Overload

Professor Emeritus Dominik Wujastyk is a distinguished Sanskritist and historian specialising in classical Indian civilisation. From 2015 to 2024, he held the Singhmar Chair in Classical Indian Society and Polity (500 BCE - 500 CE) at the University of Alberta, Canada, where he taught classical South Asian history.

Professor Wujastyk is internationally recognised for his scholarly work on the intellectual and cultural history of classical India, particularly indigenous linguistics, science and medicine. He founded the influential INDOLOGY online forum in 1990, which has provided an active discussion space for professional scholars of early South Asia for over three decades.

**Professor Emeritus
Dominik Wujastyk**

He also established the journal History of Science in South Asia and has led groundbreaking research on ancient Indian medicine since 2021 through the Sushruta Project.

His academic credentials include a DPhil in Sanskrit linguistics from Oxford University (1982), an MA in Sanskrit and Pali from Oxford (1978), and a BSc in Physics from Imperial College London (1974). This unique combination of scientific training and deep Sanskrit scholarship provides him with exceptional insight into how ancient Indian traditions, including yoga, developed their sophisticated understanding of mind-body practices.