



NINE CALLS TO ACTION

Eradicate abuse of women in yoga:
reclaim yoga as a tool for freedom,
planetary healing and justice.

EXCERPT FROM YONI SHAKTI 2020

- 1 WITHDRAW FINANCIAL SUPPORT FROM ANY ORGANISATION OR INDIVIDUAL THAT HARMS WOMEN**
- 2 NOTICE WARNING SIGNALS: LEARN ABOUT BYSTANDERS AND BENEFICIARIES, SO YOU CAN HONOUR YOUR INTUITION**
- 3 ASK QUESTIONS OF TEACHERS, TRAINERS, GURUS, RETREAT AND STUDIO OWNERS**
- 4 LISTEN TO THE SISTERS, SURVIVORS, WHISTLEBLOWERS: TESTIMONY IS EVIDENCE**
- 5 SHARE WHAT YOU NOTICE: CALL OUT HARM AND CALL IN HELP.**
- 6 REFUSE TO KEEP SECRETS**
- 7 NAME NAMES, JOIN DOTS**
- 8 CENTRE THE MARGINS, GATHER IN CIRCLES**
- 9 DECOLONISE YOGA TO DISMANTLE HARMFUL SYSTEMS OF OPPRESSION THAT DAMAGE EVERYONE**

