



BWY mat spacing guidance – June 2021

In England, the maximum capacity for each indoor facility is a minimum of 100 sqft (or 9.29 sq metres) of floor space per person.

Within the maximum capacity limit, you should consider whether some areas of your facility should have their own capacity limits to ensure social distancing can be maintained e.g. changing rooms.

To maintain social distancing requirements and to allow for movement on the mats, you should allow at least 2m from the edge of the mat to the edge of the next mat. This is a reduction in the space required compared to our previous guidance, so should allow for more students in each class.

The mat spacing diagram has also been updated (see below).

