



British Wheel of Yoga - Eastern Region

Meeting of the Committee –Saturday 4 July 2020 (on-line)

Present:

Regional Officer	Ilkay Ozcan (IO)
Regional Treasurer	Gill Gittins (GG)
Regional Training Officer	Stacey Connor (SC)
Regional Secretary	Bindie Edwards (BE)
Regional Newsletter Editor & W Essex CR	Donna Negus (DN)
E Essex	Jo Thomas (JT)
Bedfordshire	Angela Davey (AD)
Suffolk	Michelle Mellor (MM)
Norfolk	Rosie Evans (RE)
Hertfordshire	Siobhan Murtagh (SM)
Deputy E Essex	Caroline Baya (CB)

Apologies: Helen Craig, Angela Thompson, Lindsey Stevenson, Maggie Adesanya

The meeting was held and recorded online through Zoom. The recording will be saved as a permanent record. In addition, an action plan was agreed.

The committee welcomed their new volunteer members. Siobhan Murtagh will take over the role of Hertfordshire representative from Vicky Salter, and Caroline Baya who will be deputy East Essex representative.

Agenda Item /Discussion/Agreed	Action Required	Person(s) Responsible	Completed
Karma Day suggestions			
Everyone agreed that having a day on a Maldon barge or punting in Cambridge would be fun ideas. Gill Gittins told the committee that it is permitted to hold the fund over until next year if the Coronavirus situation makes it impossible to have a karma event.	Siobhan offered to look into costs.	SM	
International Day of Yoga (June)			
Everyone agreed that the feedback information sent out by Ilkay was positive and that we had received a good feedback response rate. Gill said that money paid over the phone to HO (BWY Head Office) for the event does not show up on the finance lists and she is having difficulty in working out who has paid HO.	All CRs and event organisers will try to ensure that HO is not paid for events, but that the money is always sent to the CR or to Gill if they cannot pay online.	All	
July Events			
11 th July – Tarik Dervish. Tarik has done online courses previously and is happy to organise everything regarding the delivery of this event.	Helen liaising with Tarik	HC	
25 th July – Elaine Fletcher Need to liaise with Elaine to see what support she requires.	Jo to liaise with Elaine	JT	
All tutors need to mention recording and GDPR issues at start of presentation. Also warning that events are recorded and shared with attendees should be on the website and booking forms.	All reps to ensure that notification of GDPR and recording of events appears in adverts and booking forms	CRs and Festival organiser	

Ilkay Away			
Ilkay explained that her mother needs her and that she will be in Turkey from 9 July until 5 September. She anticipates being reasonably available by internet. She intends to try to attend the next meeting on 8 August on line.			
Planning of Regional IST Events			
<p>Stacey as the incoming RTO drafted a form to unify the information on training events listed for the region. CRs discussed the form and explained the procedure for obtaining the training number.</p> <p>Next meeting on 8 August will be about planning events for 2021.</p> <p>Angela D is helping Siobhan with Hertfordshire events.</p> <p>Gill confirmed that there are sufficient funds in the kitty to invite tutors from out of county.</p> <p>Ilkay has created a document to convert events to on-line with full information and checklists. This form is available on drop box.</p>	<p>Stacey to revise form and think about system for next meeting.</p> <p>All CRs to come to the meeting with ideas. Bindie to collate current dates and circulate calendar prior to meeting.</p> <p>Bindie to send Angela D, Gill and Siobhan copy of Richard's email</p> <p>Changes to documents in Drop Box can be made by Ilkay, Stacey and Bindie.</p>	<p>SC</p> <p>ALL</p> <p>BE</p>	4.7.20
Monthly Newsletters			
Donna reported that focus on YOGA EAST will be more on upcoming events than messages from the CRs. She asked for articles from tutors about themselves (500-1000 words).	<p>Donna to send sample articles and content guidance to CRs.</p> <p>CRs to be responsible for promoting own events.</p>	<p>DN</p> <p>ALL</p>	5.7.20

<p>If necessary, Donna can reformat article, but tutors should be encouraged to write the article themselves.</p> <p>Next YOGA EAST publication is October and one after is February 2021. Events between October and February to be advertised. Magazine to also include reviews of previous events.</p> <p>Reporting of issues regarding photos that are uploaded to the website.</p>	<p>Copy deadline for October issue is 10 September.</p> <p>Notify HQ about issues with photos which only show a small portion of photos online.</p>	<p>JT</p>	
<p>Hertfordshire Events</p>			
<p>Angela D is helping Siobhan with Hertfordshire events.</p> <p>Meeting required between Siobhan, Angela and Andrea Kwiatkowski</p>	<p>Bindie to send Angela D, Gill and Siobhan copy of Richard's email where he details information on cancelled/deferred hall bookings.</p> <p>Angela liaise with Andrea</p>	<p>BE</p> <p>AD</p>	
<p>Any Other Business</p>			
<p><u>Winter Festival</u></p> <p>On request Jo tried to book Boreham village hall for Saturday 5 December but it is unavailable.</p> <p>Event may need to go online and all agreed there are some benefits to this as location and numbers are not limiting factors.</p>	<p>Jo to see if hall is available for Sunday 6 December or Saturday 12th December and book if possible.</p>	<p>JT</p>	
<p><u>Foundation Course 1 - Beds</u></p> <p>Angela Davey's Foundation Course 1, due to begin on 12 September requires one more student.</p>	<p>Angela requested that committee members see if they know anyone who might be interested in taking up this place.</p>	<p>ALL</p>	

Date of Next Meeting			
<p>Next meeting will be 12.00 Saturday 8 August 2020</p> <p>Rosie may be away for the meeting but will confirm. Angela Thompson has sent apologies for the next meeting as it is her son's birthday</p>	<p>Subject will be regional events. Come prepared with information and ideas.</p>	<p>All</p> <p>RE</p>	