



THE BRITISH WHEEL OF
YOGA

British Wheel of Yoga - Eastern Region

Meeting of the Committee –Saturday 28 November 2020 (on-line)

Present:

Regional Officer	Ilkay Ozcan
Regional Treasurer	Gill Gittins (GG)
Regional Festival Organiser	Sophie Lightfoot (SL)
Regional Training Officer	Stacey Connor (SC)
Regional Secretary	Bindie Edwards (BE)
Bedfordshire County Representative	Angela Davey (AD)
Norfolk County Representative	Rosie Evans (RE)
Hertfordshire Representative	Siobhan Murtagh (SM)
West Essex Representative	Donna Negus (DN)
East Essex Representative	Jo Thomas (JT)
Deputy East Essex Representative	Caroline Baya (CBAYA)
Cambridgeshire Representative	Helen Craig (HC)

Apologies:

Carole Baker, Maggie Adesanya

The meeting was held and recorded online through Zoom. The recording will be saved and distributed to committee members after the meeting. In addition, an action plan was agreed.

Ilkay Ozcan chaired the meeting.

Agenda Item /Discussion/Agreed	Action Required	Person(s) Responsible	Completed
MATTERS ARISING FROM PREVIOUS MINUTES			
<p><u>FIRST AID TRAINING</u> Stacey said that Eve is communicating policy through updates on the website.</p> <p><u>DATABASE ACCESS FOR CRs</u> Ilkay confirmed that we have done what is needed and now we just have to wait until HQ receives signed forms from all other regions.</p>	<p>It was agreed that this item has been successfully resolved by the Eastern region as Barry Jackson is teaching live sessions</p>		
REGIONAL ELECTIONS 2021			
<p>Ilkay confirmed that voting forms will go out automatically from sub-contractor arranged by HQ. The system will be clarified at the next RO meeting.</p> <p>A regional AGM will need to be held which is usually March.</p>	<p>Bring forward item to next meeting</p>	<p>BE</p>	
SANGHA			
<p>To be discussed at the next RO meeting.</p>	<p>Bring forward item to next meeting</p>	<p>BE</p>	
G DRIVE			
<p>We now all have access to the G Drive and need to put up appropriate documents.</p>	<p>Place appropriate documents into folders on the G Drive</p>	<p>ALL</p>	
WINTER DAY OF YOGA			
<p>Ilkay reported that HO has said that the Eastern Committee requires insurance cover for this event. In order to comply we must send out medical</p>	<p>Ilkay to notify tutors of this requirement.</p> <p>Ilkay to send out reminder registration email with program and medical form</p>	<p>IO</p> <p>IO</p>	<p>29.11.20</p> <p>29.11.20</p>

<p>declaration and disclaimer forms to all attendees. Sophie said she would collect in the forms and send to appropriate tutors.</p> <p>It was agreed that Philip Xerri's recorded pranayama link would only be sent to those who returned health forms.</p> <p>Ilkay also said that to meet insurance requirements, each event must have one assistant per 20 students. It was unclear what the assistant is meant to do.</p> <p>Registration numbers at the time of the meeting stood as follows: Emma 41 Alistair 35 Paul 41 Judy 35</p>	<p>attached through BWY Website</p> <p>Forms returned to Sophie for dissemination</p> <p>This to be done post event</p> <p>All committee members to register for events and if necessary, members of the committee can act as 'assistant' for the sessions.</p>	<p>SL</p> <p>SL</p>	
<p>CALENDAR UPDATES</p>			
<p>It was reported that there are some duplications of dates for next year and that there have been some other changes. Rosie reported changes to her Liz Lark event Donna trying to confirm Stephen Braybrook event as zoom event</p>	<p>Bindie will attempt to put the calendar into the G Drive for all to update as necessary.</p> <p>Carole to try to change Elaine Fletcher event on 20 March.</p>	<p>BE ALL</p>	
<p>FUTURE MEETINGS</p>			
<p>Ilkay proposed that we move to bi-monthly meetings during the last week of the month.</p> <p>As January has 5 Saturdays the next meeting could be held on 23rd January or the 30th.</p>	<p>All to confirm whether 23 January or 30 January preferable.</p>	<p>ALL</p>	